ZETTE

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- Galmpton Congregational Evangelical Church, Flavel Chapel
- **Galmpton Floral Day Working Party**
 - Galmpton Gooseberry Pie Fair Committee Galmpton Residents' Association
- Galmpton Touring Park, Greenway Road Galmpton Village Institute, Greenway Road
- Harbour Rise Care Home, Roundham
- Hearing Healthcare Devon, Torbay
- Heath Watkins, Ceramic Tiler, Roselands, Paignton
- **Hookhills Community Centre, Freshwater Drive**
 - Isabel Mayo Counselling, Churston
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 - Mat Dempsey Roofing, Brixham Mayfield Medical Centre, Paignton
- **Outshine Window Cleaning, Stoke Gabriel Road**
- **Probus Club, Paignton**
- **Protheroe Curtains & Soft Furnishings, Totnes**
- Reef Landscapes, Hookhills
- Riviera Cake Craft, Galmpton Glade
- Riviera Housing Trust, Paignton
 - Roger Richards, Solicitors
- Sarah Horswell Acupuncturist, Brixham
- ServiceMaster Clean, Torbay
- Stay at Home Pets, Brixham
- The Foot Lady (Podiatrist), Brixham
 - The House Vet, Abbotskerswell
- The Manor Inn, Stoke Gabriel Road
- The National Trust, Greenway
 - The Weary Ploughman, Dartmouth Road
- Three Corners Care Home, Greenway Road
- Zahra Sugaring, Jeanette Dempsey, Greenway Road

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THE GAZETTE is free to all residents, and is a non-profit-making publication. It is partly funded by local businesses, but mainly funded by your patronage of village activities, and your subscriptions to local associations.

It is also online at www.galmptontorbay.org.uk via The GAZETTE links.

Views expressed are not necessarily those of the ${\bf Sponsors}$ or ${\bf The\ Editor}.$

Front Cover - **Galmpton Windmill** from painting by **George Bedford** 1850-1920.

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Editorial

This issue is so crammed full that even my editorial has been cut down!

More Delivery Volunteers

We already have over **40** volunteers who deliver your magazine, but a few more would always be useful. Please contact the **Editor** if you can help.

Royal British Legion ~ Standard Bearer

Ron Keeping, who is Royal British Legion Standard Bearer, and lives in Galmpton, has asked me to say that he is available for special occasions, in particular for ex-servicemen funerals. Please call him on 01803 852631.

Grand Christmas-Card Sale and Coffee Morning

Wednesday 18th November 9:30 am to 12-noon
Charity stall held at Brixham Yacht Club
In aid of the Rowcroft Hospice
Opened by Douggie Mounce from BBC Radio Devon

Carols by the Crib

Opposite Galmpton Village Institute 7:00 pm Wednesday 23rd December

You are all invited to *Carols by the Floodlit Crib* accompanied by **Handbell Ringers** & **Music Group**. Refreshments will be available.

Please bring lanterns or torches.



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Copy deadline for the next issue is Friday 8th January 2010. Sponsorship and Advertising rate is £30 pro rata per page per issue.

Entries in the Organisation Directory and Diary Dates are free.

Riviera Housing Trust Limited has kindly sponsored this editorial page.

Galmpton Floral Days ~ Skills Day Sun 6th Sept

'The Best yet!' seems to be the general opinion. So much to admire and inspire! Record Show entries, inspiring Handicraft & Rural Skills demonstrations, stunning Floral Art, interesting Landscape Design, quality Stalls, atmospheric Jazz, scrumptious Refreshments, delightful Songs of Praise. It is impossible to list everyone, who helped create this successful village community day, but a VERY big thank you to EVERYONE.

Show Cup Winners were:

Craft Show - Mary Bond, Priscilla Hannam

Flower Show - Chrystal Loader, Maggie Goldsmith, Jacqui Wilbraham, Lorraine Pring Cook's Show - Wendy Searle, Juliet Memery

Vegetable Show - Will Scarlett, Phil Pascoe

Children's Challenge Cup - Henry Crocker Children's Age Section Prizes: Under 5 - Joshua Warren 5-7yrs - Henry Crocker 7-11yrs - Imogen Crocker

Money raising is **not** our aim, but is a bonus. £1,336 came in, but without cash sponsors this year, out-goings were higher. However, combined with proceeds from *Open Gardens Day* we have been able to distribute £1000 amongst village groups, leaving some to kick start *Floral Days 2010*.

Open Gardens Day, June 6th ~ Skills Day, Sept 5th ~ SEE YOU THERE!

Galmpton Pre-School Fundraising Committee



Trade stalls available at £10 per table ~ Contact Tracey 405256 for details

Words and Music to Welcome Christmas

Galmpton Village Institute ~ Friday 18th December 7:00 pm Mince Pies & Mulled Wine ~ 7:45 pm Words & Music Funds in aid of Starving Children in the World

Look out for posters with details in November, and buy your tickets early, as last year's sold out within a week of issue, two weeks before the event.

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www.nationaltrust.org.uk

Greenway

Tel: 01803 842382

Greenway Community Day

Free event for residents of Galmpton Village, Maypool, Dittisham and Greenway. Sunday 22nd November 2009, Midday – 5:00 pm.

Come see how the house is looking before we close for winter, and catch up with what has been happening at Greenway in 2009. There will be a computer showing our updated website and other publicity information. We are really interested to hear your views on the changes made.

Join us for hot drinks and cakes in the House Kitchen - FREE!

In order to restrict this event to you, our neighbours, we ask that you bring along proof of address such as a driving license or utility bill.

For more info: email: carly.mays@nationaltrust.org.uk tel: 01803 661856

Traffic and Parking Report:

Property Manager Robyn Brown has recently attended meetings of the Galmpton, Churston & Broadsands Community Partnership, and Dittisham Parish Council, the latter by invitation. Robyn reported on the current situation and responded to the suggestion of developing a Park & Ride only scheme for Greenway. Current figures show that transport by ferry is very effective, and that car visits are well below those allowed under the Section 106 agreement between Greenway, Devon County Council, South Hams District Council, and Torbay Council. Examples of visitor numbers at similar National Trust properties, which tend to reduce after the initial peak of excitement about opening, were presented. Robyn expressed concerns about a Park & Ride, as they have tended to fail in past attempts at other properties. More research would need to take place to discover if this would be effective or desirable. The council agreed to wait until Spring to review the situation. For your chance to find out more, please come to the Greenway Community Day.

Greenway, Churston Ferrers, Brixham, Devon TQ5 0ES

To book car parking, or events at Greenway ring 01803 842382

Braeside Neighbourhood Nursery

1 Braeside Road, Paignton, Devon TQ4 6BX www.braesideneighbourhoodnursery.co.uk

E-mail: braeside-n@tiscali.co.uk

Telephone: 01803 557012



The **Braeside Neighbourhood Nursery** is a long established private Nursery owned by **Mr & Mrs Ashby** for the last **20** years.

We are open all year except Christmas and Bank Holidays, operating on **Monday** to **Friday** from **7:30** am to **6:00** pm.

We offer care in separate units for different aged children from **0** to **5** years. This enables us to structure the day for that particular age group.

Our baby rooms are large and bright with separate facilities for eating, sleeping, and playing.

The rooms for all other age groups are set out to encourage the children to learn through play, allowing them to develop at their own pace.

The pre-school group is in a separate building where the staff prepare the children for school. Also the children in this unit are taught basic **French**.

All our staff are trained nursery nurses with **NVQ2** & **NVQ3**, and training is always ongoing. They follow the guidelines of the **Early Years Foundation** and plan each child's development individually.

We accept all methods of payment i.e. **Education Funding**, **Tax Credits**, **Child Tax Credits**, **Working Tax Credits**, and **Child Care Vouchers**, etc.

For any enquires please contact us on the above numbers and ask for the **Nursery Manager**, **Denise Harris**.

Two dates for your diary: Our Open Evening

on Thursday 19th November 2009 from 6:00 to 7:30 pm

Christmas Nativity Play

at the Palace Avenue Theatre on Monday 7th December 2009 at 6:30 pm

Tickets from the Box Office or Braeside Nursery Adults: £3.50 Children over 2 & OAP: £1.00

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MUSIC WITH MUMMY

A range of carefully structured, lively and fun music classes for babies aged from just 12 weeks, toddlers, and pre-school children.

'JOLLY BABIES' classes gently introduce very young babies to music and rhythm whilst enhancing bonding between parent and child and promoting early language development in a calm and friendly atmosphere.

'MUSIC with MUMMY' classes aim to teach basic aspects of music alongside developing good social skills, aiding language development, increasing listening and concentration skills, and learning about the greater world around us through music and song.

And coming soon...

'THREE FOUR TIME' – a new class so that the children can continue their musical learning journey right up to starting big school. Please call if you are interested in your pre-school child getting involved in our next class!

For more info please call Carol on (01803) 842839 or see the website for details of places available, prices, class locations and times.

* * NEW TERM STARTS MONDAY 2nd NOVEMBER * * www.musicwithmummyandcarol.co.uk

The Friends of Churston Library ~ Events

"Bonfire" Coffee Morning in Churston Library

Thursday 5th November 10:30 am - 12:30 pm
Come along and share a **Bonfire Night** coffee morning with the Friends.

Xmas shopping at Clarks Village & tea in Glastonbury
Friday 20th November Depart Brixham 8:15 am & Churston 8:30 am
Shop 'til you drop then relax in one of Glastonbury's distinctive tea-rooms!!

"Christmas" Coffee Mornings in Churston Library
Friday 18th & Saturday 19th December 10:30 am - 12:30 pm
Lots of Christmas treats to be had at the Friends festive coffee mornings.

2010 Beckons

We have exciting trips planned for **2010** starting with **Bath** on **Tuesday 23**rd **February** and **St. Ives** on **Friday 16**th **April**. So watch this space!!!!

The **Committee** would like to thank all members for their continued support throughout **2009**. It has been a very good year. In the meantime we send our best wishes to you all for a very happy and peaceful festive season.

Churston Ferrers Grammar School PTA In the main school hall the PTA presents a



on Friday 20th November from 7:00 pm until late Tickets on the door at £7.00 per person to include food or just £3.50 per person for salsa dancing only

Churston Ferrers Grammar School

Headteacher: Robert Owers School Reception: 01803 842289

We would love you to join us for a dance show



on Thur 3rd, Fri 4th & Sat 5th December at 7:30 pm

Your evening could include waiter/waitress served pre-show supper; dances through time from creation to the future and an interval with music, refreshments and stalls. More details from the school after 4th November.

Donations from profits to Rowcroft Hospice.

Voluntary One-Way System

The school operates a voluntary one-way system from **8:15** to **8:50** am and from **3:30** to **3:50** pm in term time, and asks drivers to be kind enough to turn down **Manor Vale Road** (regardless of which direction they approach) and come up **Greenway Road** during these hours. This would make a big difference to the safety of the children and the flow of the traffic.

Scrapbooking Club

The club creates albums of family events as gifts, or to keep for posterity. We meet in **The Cube** on alternate **Tuesdays** from **7:15 pm** to **9:15 pm**. For details see **The Gazette Issue 14** or ring **Shelley French** on **855473**. Dates: **3**rd & **17**th **November**, **8**th **December**, **12**th & **26**th **January 2010**.

Galmpton Old Boys

Galmpton Old Boys are looking for 5-a-side footballers to join their weekly kick around in the **Grammar School Gym** on **Wednesdays** at **8:00 pm**. All ages welcome (14 years upward) and we have a few dads too! Phone **Pat McMahon** on **845618** for more information, or just turn up!

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Churston Community Computer Club

post@tatewise.co.uk Chairman: Mike Tate: 844901 Secretary: Mike O'Donnell: 844013 Treasurer: Brian Taylor: 844558

The club is open to residents of **Churston Parish** and surrounding districts. We meet at **Churston Ferrers Grammar School** from **4:30** to **6:30 pm** on **Thur 5**th & **Wed 18**th **November**, **Thur 3**rd & **Wed 16**th **December 2009**, and **Thur 7**th & **Wed 20**th **January 2010**.

Just enter through the school **Main Reception**, go up the stairs on the left, and find **IT Suite Room 20** along the corridor to the left.

For a mere £10 joining fee, we advise on FREE or LOW-COST alternatives to expensive security software, office products, photo / image editing, etc., and allow access to the school PC network. Why not give us a free trial?

The club has recently acquired a laptop PC on which we can demonstrate how to install, configure, and utilise all the software we recommend, either in small groups, or via the school overhead projector facilities.

More information is online at www.churstongrammar.com/pcclub.htm.

Note: Churston Library offers free PC tutorials on Monday afternoons, and free online access to Ancestry UK for family history researchers.



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www.blacksnow.co.uk

Riviera Cake Craft

Jacqui Wilbraham Dip FHM MRSH

E-mail: jacquithechef@hotmail.com Internet: www.rivieracakecraft.co.uk

Mobile: 07813 936 177 Home: 01803 842 378

Address: 2 Galmpton Glade, Galmpton, Brixham TQ5 0LU

Celebration Cakes - Chocolate Novelties - Sugarcraft Supplies

I established Riviera Cake Craft in 1999 after having completed my NVQ



in Patisserie & Confectionery at South Devon College. Initially run from my hotel in Babbacombe, but now from my home in Galmpton. Why the name? Well I wanted a name that reflected the area I am based in, and some of my most popular cakes have a sea and palm tree theme.

Cake tins and display stand for hire Cakes to delight for your special day



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Galleon Stores

and Galmpton Post Office

51 Stoke Gabriel Road, Galmpton, Devon TQ5 0NH Telephone 01803 842148

www.galleonstores.co.uk

Shop and Express Post Office open Monday to Saturday 7:30 am to 7:00 pm Sunday 8:00 am to 1:00 pm

Fresh fruit & vegetables supplied daily Free Trade Local baked bread rolls & cakes Organic food & drink

As a bit of fun for the longer nights ahead, here is a short quiz about us. To make it competitive we have put together a **Christmas Hamper** of local produce for the winning entry, and bottles of wine for 2nd and 3rd prizes. If scores are equal we will enter the names into a draw to produce a winner. Please return your entries to **Galleon Stores** by **Monday 30th November**.

Quiz 1) What are our weekday opening hours? 2) What is the first name of our new member of staff? 3) What is the name of our supplier of local wine & cheese? 4) Can you buy Euro's from us on a Sunday morning? 5) What is the current offer on our DVD film rentals? 6) What is the cost to have a jacket dry-cleaned from us? 7) What locally baked bread outsells all others put together? 8) Can you draw pensions / cash any time the shop is open? 9) Who supplies our range of award winning local preserves? 10) We stock two lines of a local beer from Paignton. What are their names? Name: Phone: F-mail: Address:

Galmpton Village Institute

Chairman: John Risdon: 844102 Secretary: June Symes: 842121 Treasurer: Lisa Edey: 843239 Hall Bookings: Babs Renwick: 843364

Registered Charity: 300839

Report of Meeting held on Monday 21st September

The Institute Committee wish to apologise to Galmpton & Churston W.I. for the error in *The Gazette Issue 14* regarding their donation towards the new projector screen & stand. This figure should have read £350 for which the Committee was most grateful.

While on the subject we thank the **Galmpton Floral Days Working Party** for their kind donation of £400 to the Institute.

New thermostatic radiator valves have been fitted throughout the Institute. This means that each radiator can now be controlled individually.

It was previously reported that **Galmpton Pre-School** had failed in its bid for a safety surface for the courtyard. In fact **Torbay Council** had simply not assessed the bid, and the assessment took place on **2**nd **October**.

Galmpton Pre-School have agreed to take responsibility for defrosting the refrigerator in the kitchen.

Mike Tate gave a summary of the Churston, Galmpton & Broadsands Community Partnership meeting, and John Risdon as representative of both the Village Institute and the History Group advised all villagers that the meetings are well worth attending. See Page 17 for more details.

The next committee meetings will be at 7:30 pm Monday 16th November and 7:30 pm Monday 25th January 2010.

Community Police News

Beat Manager: PC Tracy Serruys PCSO: Paul Martin

Car Seat Belts

Paul and I have noticed during our patrols and speed-monitoring around Galmpton and Broadsands that numerous people are not wearing their seat belts. I would like to remind people the law requires that if seat belts are fitted in any vehicle then they must be worn and the driver/passenger would commit an offence if they failed to do so. The most important thing to remember is that wearing a seat belt can save your life in the event of an accident. I would also like to bring it to people's attention that the penalty for failing to wear a seat belt has gone up from £30.00 to £60.00.

Monthly Police Surgeries

Our surgeries are now held in **Hookhills Community Centre** as well as **Galmpton Post Office** and **Churston Library**. See the **Diary Dates** page for dates and times.

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Galmpton & Churston Local History Group

Chairman: John Risdon: 844102 Treasurer: Gary Deare: 842148

Friday 27th November 2009 "Victorian Christmas in Torquay" Illustrated Talk by John Risdon

To be held in **Galmpton Village Institute** at **7:30 pm**. Members free entry ~ Non-members £2.00 ~ Refreshments from 7:00 pm.

Friday 22nd January 2010 "Shipwrecks of Torbay" Illustrated Talk by Alan Salsbury

To be held in **Galmpton Village Institute** at **7:30 pm**. Members free entry ~ Non-members **£2.00** ~ Refreshments from 7:00 pm.

Forthcoming Course ~ Winter/Spring 2010 "Teign ~ Source to Mouth" led by John Risdon

To be held in **Galmpton Village Institute**. See the next issue of **The GAZETTE** for details.

Churston Parish War Memorial Playing Field

Did you know that **Mr Hugh Goodson** gifted the **War Memorial Playing Field** to the people of **Churston Parish** in **1947** and is a charity run by a group of Trustees? The playing field was given to the parish for recreational use by members of the community and that is still its purpose today.

The site has a small, enclosed, play area for young children, a **Pavilion** which is available for hire, a tennis court used by **Galmpton Tennis Club**, a skateboard park used by **Galmpton Youth Project**, and a football pitch and training area used by **Galmpton & Torbay Gents Football Club**.

All these users are represented on the **Trustee Management Committee**. The **Grammar School** also uses the site for parking during term time.

The **Pavilion** has a main room and bar with tables & chairs, with access to kitchen and toilets. The building is heated. The hire charges are, at present:

£30 per 4-hour session morning or afternoon

£35 per evening

£10 per hour for shorter sessions

The **Trustees** would like to see the facilities more widely used by local people and community groups.

So, if you would like to hire the **Pavilion** or are interested in becoming a **Trustee** please contact us via E-mail at **memorialfield@gmail.com**.

Galmpton Residents' Association News Protecting Village Life

www.galmptontorbay.org.uk

Secretary: Paul Crocker E-mail: secretary@galmptontorbay.org.uk
Treasurer: Peter Royle E-mail: gratre@galmptontorbay.org.uk
Webmaster: Richard Boyles E-mail: webmaster@galmptontorbay.org.uk

2009/10 Subscriptions

Collectors are currently busy doing the rounds collecting the 2009/10 subscriptions. A big thank you to the helpers and to all those Residents who have already renewed their subs. We will get around to the rest soon. Welcome also to new members. The GRA looks forward to your continued support in helping us represent you in the issues that affect our Village. The GRA use E-mail extensively as the most efficient and quickest way to communicate with Residents. However, we are also conscious that there are many Residents who are not on E-mail, and we try to keep them up to date via a combination of *The Gazette* and notices around the Village as required. Regrettably at this stage it is not feasible to send out individual letters to each Resident due to the lack of resources & financial constraints. If you are an E-mail user and would like to get information quicker please consider giving us your E-mail address. If you don't have an E-mail account another way would be to liaise with someone who does and ask them to pass on the GRA information.

Community Partnership Meeting ~ Traffic

The **Council**'s Galmpton traffic calming solution is likely to be funded in the current financial year after many years of debate. Unfortunately the Council Highways team seem adamant that we cannot have a **20-mph** limit in the village centre. We shall continue to campaign on this.

The Council is also looking at slowing traffic at the Langdon Lane miniroundabout due to safety concerns. Also proposed is a "white-lined virtual pavement" along the unpaved section of Greenway Road, between the Churston Grammar School and Manor Vale Road.

Torbay Council informs us that the **30-mph Dartmouth Road** speed limit extension is to be implemented soon.

Spatial Strategy ~ 15,000 New Homes

Torbay Council has been told by the **Government Office South West**, to put together plans showing options where additional houses could be built and also told to consult with residents. This is despite the fact that the result of the Regional consultation has been continually deferred. By the time **THE GAZETTE** is published, the **Council** consultation will have ended. We E-mailed residents in **September** with details of the consultation and provided advice. Thanks to those who responded to the **Council** with comments.

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Galmpton Residents' Association News National Trust ~ Greenway Traffic Problems

We met with **Kingswear Parish Council**, **Dittisham Parish Councils** and the **National Trust** to discuss traffic issues caused by the increasing popularity of **Greenway House**.

We recently E-mailed GRA members to ask if the traffic problems had improved over the last few months. **39** responses were received. **36** responses reported problems caused since the house opened, were still present or had got worse in the last three months. **3** responses reported there were no problems as a consequence of **Greenway House** opening. We would like to thank **Robyn Brown**, Greenway House manager, and her team for trying to help address these issues. Robyn has funded prominent official no parking signs for the passing places towards Greenway and we hope this might improve traffic flows. We understand that **Park and Ride** initiatives (using appropriate sized vehicles) are also being looked at. One resident suggested using replica vintage vehicles to add to the character of the visiting experience. This sounds like a good idea.

We are also aware that large double-decker busses are using the lane to get to and from the **YHA**, which has been causing access and safety problems. We have requested that **Devon County Council** introduce mandatory weight restrictions appropriate to the narrowness of the lane.

Langdon Lane

We undertook another Consultation with members regarding an idea launched to us by villagers, at the recent **Torbay Council Traffic Action Zone** display. The suggestion was to apply to the **Lottery** fund to close and grass over **Langdon Lane** where it runs over the common, and to install traffic lights at **Manor Vale Road** to improve safety and access to and from the village. We had a considerable response, and although many liked the idea of traffic lights at **Manor Vale / Dartmouth Road**, overall, most people thought the proposal would cause even more traffic problems within the village. Many commented that if the **Council**'s filter lane extension over the common ever gets approved, the increased traffic flow will make it impossible to get out of **Langdon Lane** and this might have to be looked at again. A "**no right turn**" for traffic exiting **Langdon Lane** was also a recurrent suggestion. We will feed this back to the **Highways Department**.

The Manor Inn

Positive communications have been had with **The Manor** and they have agreed to make every effort to minimise noise levels. An example of their commitment is agreeing to close the outside area at 11:00 pm. The GRA hope that matters will now improve and we can all look forward to enjoying our valued Village amenity.

Churston with Galmpton Ward

News From Your Ward Councillors

As usual we have been busy in the Ward looking after the interests of our residents. These are some of the issues we have dealt with recently:

- We are chasing up the approved 30-mph limit to be installed on the Dartmouth Road and Brixham Road as far as Lupton House.
- Unfortunately, we have lost the battle to restore the bus stop at Churston Cross. The powers that be, have decided to leave it at Lupton House, but with a pedestrian refuge in the centre of the road to make crossing safer. We will fight on!
- The **Gateways** for the five entrances to **Galmpton Village** move on, but very slowly.
- A successful Churston, Galmpton & Broadsands Community
 Partnership meeting was held on the 16th September, with residents airing their views to Council Officers on both housing and highways issues, and receiving news on progress of points brought up at the previous meeting. See Page 17 for details.
- Please contact us with any of your problems. We are there to help!

We hold a surgery at **Churston Library** on the **first Saturday** of every month from **10:00 am to 12 noon**. No appointment is necessary.

We pledge to continue to work for all the residents in our Ward. If you cannot attend a surgery in person please phone or E-mail either of us.

Councillor Derek Mills

01803 843412



Councillor
Anna Tolchard

01803 859869



derek.mills@torbay.gov.uk

anna.tolchard@torbay.gov.uk

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Churston, Galmpton & Broadsands Community Partnership

From the Chairman, Ken Pritchard.

The **CGBCP** is now formally in place and has appointed a **Steering Group**, agreed our **Boundary** in co-operation with neighbouring partnerships, and held our first official **Public Meeting** on Thursday 16th September.

Partnership Area

Our **Community Partnership** area includes all of **Churston**, **Galmpton** and **Broadsands**. So, if you receive **The Gazette** you are welcome to get involved and attend our public meetings! If you want more details of the boundary please give me a call, my contact details are below.

Steering Group

There are a couple of vacancies on the **Steering Group** if anyone is interested in joining us. In particular we need a **Vice-Chairman** and a **Secretary!** The **Steering Group** includes local councillors **Anna Tolchard** and **Derek Mills** along with representatives from the local **Police**, **Schools**, **Residents Associations** and a wide range of other interests. We meet monthly to manage the **Partnership**'s various activities.

Report of Public Meeting held on 16th September

We have already started work! At our Public Meeting on September 16th we had presentations from **David Pickhaver** of the **Torbay Council Strategic Planning Group** on the **Core Development Strategy** and the **Torquay Harbour Area Action Plan**. Consultation on both these matters is ongoing until **October 23rd** and you can find out more at **www.torbay.gov.uk/ldf**. We also welcomed **Ian Jones** from the **Highways Department** who

updated us on progress with a number of matters raised at earlier meetings and took away a number of others. The **Steering Group** will be deciding which outstanding matters we should put our weight behind.

Next Public Meeting is on Wednesday 9th December at 7:00 pm in Churston Ferrers Grammar School Hall

Please come along, this is your **Community Partnership** and the more of us who get involved the more effective we can be at ensuring our community remains a great place to live, work & play!

To get involved please call me, **Ken Pritchard**, on **07791 598 091** or E-mail me on **ken@villabazaar.net** or visit **www.torbay.gov.uk/communitypartnerships**.

communitypartnerships

we don't just talk - we do!

Flavel Chapel Newsletter

Elders: Colin Thompson: 664059

Written by Colin Thompson

2009!

Walford Catling: 559040 Village Contact: 843446

The nights are drawing in, the days become shorter and we wonder where the time goes. We are reminded of the Apostle Paul's words, as he writes to the Church at Rome, "now is our salvation nearer than when we first believed." (Romans 13:11)

This world has an end. The Lord Jesus Christ promised to return to earth and take all His servants with Him to glory on that day, that is all who are His on the earth when He returns.

Today we hear sceptics say, "nothing changes it has been two thousand years since Christ left for heaven, and there is no sign of His return."

The Apostle Peter heard people say the same things in his day. He talks of scoffers who say, "Where is the promise of His coming? For since the fathers fell asleep, all things continue as they were from the beginning of creation."

Here we learn of the grace of our God and Saviour, because Peter's response is to say, "The Lord is not slack concerning His promise, as some count slackness, but is long-suffering toward us, not willing that any should perish but that all should come to repentance." Nevertheless time marches on.

The Lord holds out His hand in salvation, to any who will come to Him on these terms - repent and believe the gospel and you will be saved.

Christmas Services

Carol Service - Thursday 17th December 7:30 pm in Flavel Chapel Hall. At the end of the service we will serve some seasonal refreshments.

Christmas Day Service - Friday 25th December 10:00 am.

Normal services on Sunday 27th December.

Until further notice all services will be held in Flavel Chapel Hall.

Please refer to Page 27 for the times of our regular services.

Galmpton Congregational Evangelical Church
Main Church: Stoke Gabriel Road
Flavel Chapel Hall: The Roundings

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Parish of St Mary the Virgin, Churston

Vicar Reverend Ian Blyde Tel: 844663 Churchwardens: Geoff Gadsby Tel: 858393 and Beryl Simpson Tel: 842233

From Churston Vicarage

Autumn with its rich colours and cool winds is now upon us, and as the nights draw in thoughts naturally move on to **Christmas** and the **New Year**.

In Church we will be reflecting this through our worship. **November 1**st is all souls day when we pray for the souls of all those departed this life.

November 8th at 10:45 am sees our annual **Remembrance Sunday** service in the **Parish Church**. It is a time to reflect on all those who lost their lives in wars and to thank them for their sacrifice.

November 15th at **6:30 pm** has our **Transforming Worship** service in the **Barn Chapel** and this month we will be using **Taize** style worship. If you've not experienced this come along and find out what you have been missing.

November 28th at 2:00 pm will see our Churston Church Christmas Fair held in the Barn Hall at Galmpton.

On **November 29**th we will be having a special mission community service so there will therefore be no service in Churston on that morning.

By **December 14**th we are into **Christmas** services beginning with the town carol service in **St Mary's Square**, **Higher Brixham**. (There will be no Transforming Worship service this month.)

On **December 20**th at **6:30 pm** we'll have our traditional service of readings and carols in **Churston**. **Tuesday 22**nd sees **BBC Sing Christmas** at the **Berry Head Hotel**, and then there is **Carols by the Crib** in **Galmpton** on **Wednesday 23**rd at **7:00 pm**. On **Christmas Eve** at **4:00 pm** there will be the **Crib Service** in **Churston** followed by the ever-popular **Midnight Mass** beginning at **11:30 pm**. On **Christmas Day** itself there will be **Eucharist** at **9:00 am** in **Barn Chapel** and a **Family Service** at **10:00 am** in **Churston**.

On **December 27**th we will again be sharing with other churches in the mission community at **11:00** am at **St Mary's**, **Higher Brixham**.

Into **January** and the **New Year** still celebrating **Christmas** we move onto **Epiphany** and the preparations for **Lent**.

As you can see it promises to be a busy and enjoyable three months and we hope you will feel free to join us for some, if not all, of our celebrations.

If you want further details please feel free to ring me on 01803 844663.

Blessings - Ian (Vicar of Churston Ferrers and Kingswear).

PS A bit early I know but *Happy Christmas* to you all.

For the times of our regular services please see Page 27.

Paignton

Probus Club

Are you a retired professional or businessman?

Do you enjoy good company?

Why not join Paignton Probus Club?

We meet every Wednesday, September to June, at the Redcliffe Hotel, Paignton, from 10 am until midday. Come and enjoy a cup of tea or coffee with fellow professionals and interesting talks from visiting speakers.

If you are interested please ring:
Secretary Bob Life 01803 522501
Chairman Peter Hosking 01803 842866
President Peter Witt 01803 844898

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Roger Richards Solicitors

10 Churston Broadway, Dartmouth Road, Paignton TQ4 6LE 01803 845191 10a Bolton Street, Brixham TQ5 9DE 01803 854123 enquiries@rogerrichards.co.uk www.rogerrichards.co.uk

One year on!

Caroline Thompson and Kim Griffith celebrated a year leading *Roger Richards Solicitors* recently. It is now over 12 months since *Roger* retired and Caroline purchased the business of *Roger Richards Solicitors*, having been in partnership with *Roger* for nearly 10 years.

Caroline's Partner in the business is **Kim Griffith**, who heads the **Probate** and **Wills** department. **Kim** has extensive knowledge where **Wills**, **Probate**, **Trusts** and **Estate Planning** are concerned.

Matrimonial and Family matters are handled by **Guy Earnshaw**, who has over 30 years experience, having been a partner with a Wakefield practice before moving to Devon.

Employment advice, **Personal Injury** claims and **Litigation** matters are pursued by **Geoff Ford**, who has first class credentials and has established a solid reputation in the area. At **Roger Richards Solicitors** we are happy to offer a free half-hour discussion, without obligation. If a case is not worth pursuing, we will tell you. Also, we are happy to offer '**No Win - No Fee**' agreements, where appropriate.

Residential and Commercial property matters are dealt with by **Senior Partner Caroline Thompson**. "We aim to treat clients as individuals - not as an inconvenience", she said. "Every sale and purchase is slightly different. The process of property transactions can be stressful, so we endeavour to guide our clients and communicate with them on a regular basis, to make it as stress free as possible", she added.

So, if you have a legal problem and you'd like some advice, why not give us a call or '*drop in*' to our office at **Churston** for a '*no-obligation chat*'?

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4 Seater Gars



Seater Minibuses



16 Seater Minibus

10% off for The Gazette readers!

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1 most independent financial advisers

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 - Long Term Care
 - Planning
 - Tax Planning
- Personal & Corporate

Hookhills Community Centre

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Wireless Internet
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Two fully stocked bars with very competitive prices

Be Alcohol Aware

Meat Draw ~ every Sunday 2:30 pm
Fun Quiz ~ 1st Sunday monthly 8:00 pm
Bingo ~ every Tuesday evening 7:15 pm

Bridge Club ~ every Wednesday 6:00 pm ~ come and learn
Whist Club ~ every Thursday afternoon ~ come and learn
Fun Skittles ~ every Thursday 7:30 pm
Short Mat Bowls ~ every Thursday 7:30 pm
League Skittles ~ come and join one of our teams
Over 50's Club ~ Friday afternoons 2:30 pm
Youth Club ~ Friday evenings 6:00 pm

Saturday Evening BIG Draw ~ Plus membership Snowball Draws

Members of ALL ages welcome from Torbay and beyond

Membership £10 per year (plus £5 joining fee for new members)

Why not try a One-Week Temporary Membership for £1?

Phone 01803 845250 anytime for enquiries or room hire

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Organisation Directory

Many of these details can also be found a Organisation	t www.galmptontorbay.org.uk Contact Telephone (01803)
1 Broadsands & Elbury Residents Association2 Churston & Galmpton Ladies Club3 Churston Community Computer Club	on Chairman: Steve Freer 845675 Chairman: Fiona Passmore 844594 Chairman: Mike Tate 844901
4 Churston Ferrers Grammar School & PTA 5 Churston Pavilion War Memorial Playing Fie	School Reception 842289
6 Churston with Brixham Flower Club	Secretary: Ann Dodd 882573
7 Churston with Galmpton Ward (Conservati 8 Churston with Galmpton Ward (Conservati	ve) Councillor: Anna Tolchard 859869
	Edey 843239 / Bruce Symes 842121
11 Friends of Rowcroft, Churston & Galmpton 12 Friends Support Group, Compass House	Contact: Margaret Rogers 843425
13 Galmpton & Churston Local History Group14 Galmpton & Churston Tennis Club15 Galmpton & Churston Women's Institute	Chairman: John Risdon 844102 Chairman: Trevor Field 845422 Secretary: Jill Burton 556114
16 Galmpton & Churston W.I. Circle Dance 17 Galmpton Barn Hall Art Group	Contact: Avice Taft 842518 Contact: Diane Richards 842738
18 Galmpton Barn Hall Yoga Classes 19 Galmpton C of E Primary School & PTA	Teacher: Joan Hately 854694 School Reception 842628
20 Galmpton Community Police 21 Galmpton Congregational Evangelical Chu	PC Tracy Serruys 08452 777444
22 Galmpton Floral Day Working Party 23 Galmpton Gooseberry Pie Fair Committee	Co-ordinator: Jill Memery 844103 Chairman: Martin Ridge 844927
24 Galmpton Monday Club Gil 25 Galmpton Move to Music	Il Bell 842626 / Babs Renwick 843364 Tutor: Maggi Waugh 215427
26 Galmpton Neighbourhood Watch 27 Galmpton Old Boys 5-a-side Football	Schemes Co-ordinator Office 841425 Contact: Pat McMahon 845618
	Organiser: Lisa Croston 845525 ge Hall 845547 / June Symes 842121
30 Galmpton Residents' Association 31 Galmpton Snooker Club	Contact: Gordon Batten 844866 Chairman: Stan Bentley 842775
32 Galmpton Traditional & Swing Jazz Group 33 Galmpton United & Torbay Gents Youth Al	Leader: Tom Davies 607675 FC Contact: Stewart Hallam 845651 Chairman: John Risdon 844102
34 Galmpton Village Institute 35 Galmpton West Country Embroiderers 36 Galmpton Whist Drives Club	Group Rep: Anne Simpson 782576 Organiser: Gill Bell 842626
37 Galmpton Youth Project 38 Kingswear Life Newsletter	Organiser: Helen Boyles 845761 Summer Editor: Chris Ryan 752837
39 Probus Club Paignton	Secretary: Bob Life 522501 tandard Bearer: Ron Keeping 852631
41 Scrapbooking Club 42 St Mary Flower Festival Committee	Organiser: Shelley French 855473 Chairman: Ruby Kerslake 842376
43 St Mary the Virgin C of E Church, Churstor 44 The Barn Chapel of the Good Shepherd	No. 1 Vicar: Rev Ian Blyde 844663 Warden: Geoff Gadsby 858393
45 Torbay Falconers Club	Falconer: Paul Hill 310410

Diary Dates & Regular Amenities

_			
ВН	=Barn Hal	ll, CL =Library, FH =Flavel Hall, GS =Grammar School, VH =Villa	age Hall
No	vember	· 2009	See Page
4	10:00 am	FH Congregational Evangelical Coffee Morning	18
		VH Women's Institute A Year on Dartmoor - Desmond Gal	han
5	10:30 am	CL Friends of Churston Library Bonfire Night Coffee Morn	ing 7
11	10:00 am	CL Broadsands Community Police Surgery	12
11	1:00 pm	PO Galmpton Community Police Surgery	12
11	3:00 pm	Hookhills Community Centre Police Surgery	12
12	10:30 am	Lupton Barton ~ Churston Fat Stock Show	28
121	11am-5pm	Jay Jay Designs Introductory class ~ Silver jewellery works	shop 47
16		VH Galmpton Village Institute Committee Meeting	12
18		Brixham Yacht Club, Grand Christmas-Card Sale for Rov	vcroft 3
19		Braeside Nursery ~ Open Evening	6
19		BH Ladies Club Sugary Christmas - Deanna Duggan	
20		CL Friends of Churston Library Shopping Trip to Clarks Vi	
		GS PTA Strictly Salsa Evening - Entry £3.50	8
		Jay Jay Designs Introductory class ~ Silver jewellery works	
		Beverley Park Galmpton Pre-School Children's Xmas Fay	
	•	NT Greenway House Community Day	5
		VH History Group Victorian Xmas in Torquay - John Risdo	
	•	BH St Mary Churston Church Christmas Fair	19
De	cember		See Page
2		VH Women's Institute Christmas Party	
		GS Dance Show Step in Time	
		Jay Jay Designs Introductory class ~ Silver jewellery works	
		VH Compass House Support Group Christmas Coffee Mor	
7		Palace Theatre ~ Braeside Nursery ~ Christmas Nativity I	
9		GS Churston, Galmpton & Broadsands Community Partne	-
		CL Broadsands Community Police Surgery	12
10		PO Galmpton Community Police Surgery	12
		Hookhills Community Centre Police Surgery	12
	•	Jay Jay Designs Introductory class ~ Silver jewellery works	shop 47
17		BH Ladies Club Christmas Party & Dutch Supper	s 7
		CL Friends of Churston Library Christmas Coffee Morning	s /
		VH Words & Music to Welcome Christmas	3
23	7.00 pm	VH Carols by the Floodlit Crib Church Christmas Services and Carol Services	د 18 & 19
l۵	nuon, 2		
١ ـ	nuary 2		See Page
6		VH Women's Institute Meeting CL Presidented Community Relies Surgery	12
7		CL Broadsands Community Police Surgery PO Galmpton Community Police Surgery	12 12
7		Hookhills Community Centre Police Surgery	12
21		BH Ladies Club TBA	12
22		VH History Group <i>Shipwrecks of Torbay</i> - Alan Salsbury	13
		VH Galmpton Village Institute Committee Meeting	12
		pton rinago montato eciminatos mosting	

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For contact details see (entry) in the Organisation Directory on Page 25.

. o. comact actano coo (), a.e e.gaeau.e = 1. ee.e., e.	
Village Institute Hall Monday Club Trad & Swing Jazz Whist Drives Club Move to Music Women's Institute Flower Club Falconry Course Pre-School Ltd	Bookings: Babs (24) Alternate Mondays 2:00 - 4:00 pr (32) Alternate Mondays 7:30 pm (36) Tuesdays and Saturdays 7:30 pn (25) Term-time Wed 9:30 & 10:45 am (15) 1st Wednesday of month 7:15 pm (6) 2nd Wednesday of month 7:00 pm (45) Thursdays 7:00 - 9:00 pm (29) Mon, Tue, Thur, Fri 9:15 -11:44 Tue, Wed, Thur 12:45 - 3:15	n entry £1.40 10-wk. £33.00 visitors 50p n visitors £4.00 10-wk. £50.00
Parn Chanal Hall	Pookingo, Ly	on Milnor 042677
Barn Chapel Hall Stars Group Yoga Classes Art Group Embroidery Group Beavers & Cubs Scouts Ladies Club Parent & Toddler W.I. Circle Dance	(43) Mondays 3:45 - 4:45 pm (18) Mondays 6:00 pm and 7:15 pm (17) 1st 3rd 4th Tue of month 9:15 am (35) 2nd Tuesday of month 10:00 am - (9) Tues 5:00 pm Beavers and 6:30 (9) Wednesdays 7:00 - 9:00 pm (2) 3rd Thursday of month 7:30 pm (28) Term-time Fridays 9:30 - 11:30 a (16) Alternate Fridays 7:30 - 9:30 pm	fully subscribed Noon - 8:00 pm Cubs visitors 50p
Churston Ferrers Gra	ammar, Brixham Adult Education	853302
Scrapbooking Club Galmpton Old Boys Computer Club	ammar, Greenway Road (41) Alternate Tuesdays 7:15 - 9:15 p (27) Wednesdays 8:00 pm 5-a-side fo (3) 1 st Thur & 3 rd Wed of month 4:30 s holiday 19 th December 2009 – 3 rd Jan	ootball See Page 8 - 6:30 pm Page 9
Churston Golf Club, Bridge Section	Dartmouth Road Thursdays 7:30 pm	842751 <i>Members only</i>
9:30 am - 7:00 pm Monday 3:00 - 4:00 pm	Tuesday & Friday Wedr	am - 1:00 pm , booking essential
Compass House Med Surgery Open	lical Centre, Langdon Lane Monday - Friday 8:30 am - 1:00 p	842284 om & 2:00 - 5:00 pm
Galmpton Congregat Flavel Chapel Flavel Chapel	ional Evangelical Church (21) Sunday Worship 11:00 am and 6 Bible Study & Prayer Meeting, Th	843446 :30 pm nursday 7:30 pm
St Mary the Virgin C Sung Eucharist	of E Church, Churston (43) 1 st & 3 rd Sun 9:30 am and 2 nd & 4 th	Vicar 844663 h Sun 11:00 am
The Barn Chapel, Gro Said Eucharist Said Evensong Transforming Worship	(44) Sunday 8:00 am and Thursday 1 1st Sunday of month 4:00 pm	858393 & 842233 0:00 am

Churston Fat Stock Show

10:30 am Thursday 12th November Lupton Barton Farm, Hill Head, Brixham

Come and support your local farmers who produce the finest beef and lamb in your area.

The **Churston Fat Stock Show** has been going since the **1950**'s, when it was held in the then **Market Field** next to the **Manor Inn**, which also had a monthly stock market. After this the ground was built on, and the show went to **Churston**, **Waddeton**, and now at **Lupton Barton**.

The show is well sponsored by local farmers, and also **Savill's Butchers**, **The Manor Inn**, and **Churston Farm Shop**.

The Manor Inn holds a judges and prize-winners meal after the show. Churston Golf Club hosts a dinner for the Fat Stock Show on Friday 27th November, with monies going to local charities.

Local Involvement Networks ~ LINks

Health and Social Care in Torbay – Was it good for you?

Over the last few years there have been changes in how health and social care services are planned and run. The government has set up **Local Involvement Networks** "**LINks**" to listen to local people and report their views back to service providers.

A **LINk** is a network of local people, organisations, and groups that want to make health and social care services better. Your **Local Involvement Network** would like to hear about your experiences of heath and social care in Torbay. For more information or *to have your say* please contact us:

Phone: 01803 295277

E-mail: torbaylink@makesachange.org.uk









Your voice on local health and social care

TORBAY Holiday Refuse Collections

Waste bin collections will be delayed as usual after Christmas as follows:

Normal Day		Revised Day		Normal D	Normal Day		Revised Day	
Fri 25 th	Dec	Mon28 th	Dec	Wed 6 th	Jan	Fri 8 th	Jan	
Mon28 th	Dec	Tue 29 th	Dec	Thur 7 th	Jan	Sat 9 th	Jan	
Tue 29 th	Dec	Wed30 th	Dec	Fri 8 th	Jan	Mon 11 th	Jan	
Wed30 th	Dec	Thur31st	Dec	Mon 11 th	Jan	Tue 12 th	Jan	
Thur31st	Dec	Mon 4 th	Jan	Tue 12 th	Jan	Wed13 th	Jan	
Fri 1 st	Jan	Tue 5 th	Jan	Wed13 th	Jan	Thur14 th	Jan	
Mon 4 th	Jan	Wed 6 th	Jan	Thur14 th	Jan	Fri 15 th	Jan	
Tue 5 th	Jan	Thur 7 th	Jan	Fri 15 th	Jan	Sat 16 th	Jan	

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Galmpton Touring Park

Year Round Self-Catering in Galmpton.

Comfortable accommodation for friends & relations visiting the area.

We have **2 Cottages**, which accommodate families of 3 to 4, and **2 Studios**, which are suitable for couples, available for holiday lets throughout the year. All are equipped and maintained to a high standard and some are disabled friendly. (Sorry no pets accepted.)

Short Breaks (minimum 2 nights) possible during the winter and at short notice during busy times.

Our **Touring Park** is open for families and couples visiting in caravans, motor homes, and tents, from **Easter until the end of September**.

Touring Park Telephone: 01803 842066 Self-Catering www.galmptontouringpark.co.uk www.gtpcottages.co.uk

Chris, Pam & Guy Collins



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Ring me on 01803 842 656

Reliable, Trustworthy, Efficient & Great Value!



Ring Tracey on 0787 546 1081

The Manor Inn

2 Stoke Gabriel Road Galmpton, Brixham Devon TQ5 0NL

Tel: 01803 661101



www.manorinngalmpton.co.uk

We hope everyone enjoyed the summer (!), and is now looking forward to a busy Autumn and the Festive Season.

We have our **Christmas Party** menu available (five courses for **£20.00**, lunch or dinner, for 4 to 70 people), and our **Christmas Day Lunch** menu (six courses for **£59.95**). Booking is essential to avoid disappointment and to reserve your favourite space – you might be interested in our new smart dining area, bright and convivial off the Snug Bar.

Like you, we've already started to fill our diary through to February:

Saturday 31st October HALLOWEEN with **Lesley Presley**

Tuesday 3rd November Live Music with **The Guitar Factory**

Saturday 21st November Live Music

Saturday 19th December Carols with the **Manor Inn Male Voice Choir**

Thursday 31st December NEW YEAR'S EVE with **Nick T**, **Diddy's Disco**

Friday 12th to Sun 14th Feb VALENTINE'S DAY special menu

We have a new **Winter Menu** from mid-October. Our **Steak Nights** are on **Tuesdays** (two meals and a bottle of wine for £15.95), and keep an eye out for our new **Lunch Club** – a £10.00 annual membership card gives you **20%** off all lunchtime food most **Mondays** to **Wednesdays** for 2 people – membership is **FREE TO LOCAL RESIDENTS OVER 60**.

Don't forget that we can create special menus for your special function — weddings, christenings, birthday parties, and so on. If something is on the horizon, why not pop in to discuss your requirements with our chefs? Our en-suite accommodation is open all year round for your family and guests if you run out of space at home! Check availability by phone or online.

Try out our new **Games Room** - pool, darts, quiz machine, piano, card and board games. **Quiz Nights** are on **Thursdays** (general knowledge) and **Sundays** (general knowledge & music) starting at **9:00 pm**. And our open log fire will soon be burning away brightly to welcome you and the family (including dogs), whether for a full meal, a light snack, or just a quick drink (a new guest beer every **Friday**). We look forward to seeing you soon.

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Dartmouth Road, Churston Ferrers TQ5 0LL Tel: 01803 844702 Web: www.wearyploughman.co.uk

Michael & Helen Snowdon, Head Chef Dominic Bryant, and all our friendly team offer you a very warm welcome.

LUNCHES & LIGHT MEALS

are served between 12-noon and 2:30 p.m. Mondays to Saturdays.

SUNDAY LUNCH

is served from midday and through the afternoon.

EVENING MENU

is served between 6:00 p.m. and 9:30 p.m. every day, and is slightly varied each month.

We also have a variety of daily specials.

BAR OPENING HOURS

Monday to Friday 11:00 a.m. to 3:00 p.m. 5:30 p.m. to 10:30 p.m. Saturday 11:00 a.m. to 11:00 p.m. Sunday 12:00 p.m. to 10:00 p.m.

We offer **luxury B & B Accommodation** in our en-suite Kingsize and Super Kingsize or Twin bedrooms. We also have a two-bedroom Family Room.

Our Christmas Party Menu and Christmas Day Lunch Menu are available on request or by looking in at our website.

Please book early to avoid disappointment.

Tel: 01803 844702 Web: www.wearyploughman.co.uk

Oasis Leisure Club

Tel: 01803 844033

Tel: 01803 843887

www.beverley-holidays.co.uk

Tropical indoor pool, spa, sauna, steam room, gym and treatment room. The perfect way to unwind.

Memberships start from just £105.

MEMBERSHIP ENQUIRIES: 01803 844033

Oasis Leisure Club
Beverley Park, Goodrington Road, Paignton Devon TQ4 7JE
Tel: 01803 844033

Function Rooms For Hire

www.beverley-holidays.co.uk

3 Separate Rooms Available November to March Room Hire From £200 * Suits 50 to 450 People Buffet Available from £4.95 per Person

FOR FURTHER INFORMATION
PLEASE RING 01803 843887 or
E-MAIL nicola@beverley-holidays.co.uk

Beverley Holidays
Goodrington Road, Paignton Devon TQ4 7JE
Tel: 01803 843887

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Stay at Home Top Care for Top Pets!



PetBoarding



House**Sitting Puppy**Care

All of our pet carers are passionate about animals and fully insured. **Stay at Home Pets** offer a professional and flexible pet care service to suit your needs. For more information please contact us.



www.stayathomepets.co.uk info@stayathomepets.co.uk 01803 855930 07787 155826







Puppy Training & Socialisation Classes



Venues in Brixham, Totnes and Torquay.

Classes for puppies under 18 weeks, and for puppies 18 weeks to a year old.

One to one training is also available.

Call: Sara Davies

(Vet, behaviourist and trainer)

Phone: **01803 859634**

Mobile: 07855 424291



Clennon Grooming

1 Brantwood Cresc, Goodrington TQ4 5JA www.clennongrooming.co.uk

Tel: 01803 556181





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OUR SERVICES

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- Reasonable Prices



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THE HOUSE VET

Housecall veterinary service. Karen Eggleton BVSc, MRCVS



A happy, healthy pet starts with a plan!

A healthy dog or cat is no accident. It takes commitment from you to provide your pet with a healthy lifestyle and regular veterinary care.



Professional Health Care for your pets in their home

Pets age faster than people. Most are adult by age 2; 'seniors' by age 7. That means major health changes can occur in a very short space of time. Taking your dog or cat to the vet just once a year is equivalent to a person seeing their doctor or dentist once every 7 years!

That is why we recommend **twice-a-year wellness checks** for every dog and cat, one of which can coincide with their annual protective vaccination. Twice-a-year wellness exams provide two key benefits. First, they allow us to diagnose, treat and prevent health problems before they become serious. Second, wellness exams are a great opportunity for you to ask our team about pet behaviour, nutrition, flea, tick and worm control, and other issues on a regular basis. Six month exams are even more important for senior dogs and cats (age 7+ up) as a way to offer timely diagnosis of osteoarthritis, thyroid problems and other common age-related issues.



We can create an individual wellness plan that's right for your pet - not just any pet.



So get with the plan! Ask us how we can help your dog or cat live a long, happy and healthy life. It couldn't be easier!

THE HOUSE VET
01626 353350 / 07515 283861
www.thehousevet.co.uk
karen@thehousevet.co.uk

Mayfield Medical Centre

<u>And</u>

Pharmacy





Tel: 01803 558257

Fax: 01803 663353

The medical centre opening times are:

Monday to Friday 07:45 am to 06:15 pm

Mayfield Pharmacy

'Your health our priority'

Tel: 01803 665229

The pharmacy opening times are:

Monday to Friday 07:30 am to 10:30 pm Saturdays 09:00 am to 09:00 pm Sundays 09:00 am to 11:00 pm

Convenient opening hours

Prescription collection and delivery service

Services to residential and nursing homes

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Home for the Elderly

Manager: Mrs Alison Harding Telephone: 01803 551834 enquiries@harbourrise.co.uk

A Big Decision...

Choosing the Best Personal Care for your loved ones

Established for **25** years, **Harbour Rise** Home for the Elderly is situated in **Roundham**, **Paignton**. It has one of the prime locations in **Torbay** with panoramic views over the bay. The picturesque harbour of Paignton, Goodrington Beach, and the shops are only a short walk away.

Whether you're a resident, or visit us for day or respite care, we ensure you receive the best possible care. Our team of carers encourages and helps you maintain a high quality of life with as much independence as possible.

Harbour Rise includes two comfortable main lounges with a large flat screen television, one dining room, a welcoming patio, and a nice garden. We welcome guest visits at any time of the day. We have a regular visiting Chiropodist and Hairdresser, but can also arrange Physiotherapy, Occupational Therapy, and a Mobile Dentist. We regularly have visiting entertainment such as music classes, quizzes, gentle exercise classes, singers, singing classes, etc. In-house activities include bingo, baking, flower arranging, and many more. We have our own minibus for day care purposes and also organise regular trips out.

Harbour Rise was designed with your every comfort in mind, and we are proud of our homely atmosphere. All **22** bedrooms are single occupancy unless you specifically request a double bedroom. All rooms are fitted with a communication system. Upon request, your bedroom is fitted with a flat screen television that incorporates Freeview, DVD, and radio. You can also bring personal items to decorate your room and feel more homely.

We care about our residents' diet and provide a variety of home cooked, high quality food. Our chef serves both traditional and international dishes. We cater for special diets and use local ingredients wherever possible.

Why not try us for a day? Harbour Rise Day Care is a combination of care and activities to meet your personal requirements. We provide a free door-to-door service. Our driver will pick you up and return you safely to your home. You can enjoy the facilities the home provides, have a lovely lunch, meet people, get pampered, and make new friends!

Mention The GAZETTE and get your first Day Care Booking FREE!

Acupuncturist ~ Sarah Horswell

I can't believe it is autumn already! Leaves changing, the golden glow of the harvest moon, fresh misty mornings and scary pumpkin faces. At this time of year and throughout the cool, damp months ahead it is especially important to take care of our diet. Eating a high intake of rich foods can result in the formation of phlegm and damp in our systems. This may lead to symptoms such as bloating, loose stools, blocked sinuses, heavy limbs, achy joints, obesity, tiredness, a muzzy head and lack of concentration. There are certain foods that tend to clog up our systems and for many of us reducing the following damp & phlegm forming foods will help relieve some of these symptoms. If you decide to reduce the intake of the following foods in your diet, they can be substituted by any alternative listed in brackets.

Dairy produce - milk, butter, cheese, cream

(alternative: rice/oat milk, goat's cheese)
Wheat in excess including breads and pasta

(alternative: rice, oats, rye products, oat-cakes, rice-cakes, wheat free pasta)

Orange juice

(alternative: dilute apple juice or herbal teas, mineral water)

Peanuts, bananas

(alternative: wheat free bars or dried fruit for a healthy snack)

Wishing you a happy and healthy season of mists and mellow fruitfulness.

Five Element & Traditional Chinese

acupuncture

Sarah Horswell BSc(Hons) Lic Ac Member of the British Acupuncture Council Tel: 01803 857037

www.sarahhorswell.co.uk

anxiety, depression, insomnia, pain relief, migraines, infertility, menopausal symptoms, skin conditions, chronic fatigue, IBS

Clinics in Brixham, Dartmouth and Totnes
Evening appointments & home visits also offered

Page 38 Issue 16



Hearing help you can trust

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M.B.Ch.A. M.S.S.Ch.

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Broadsands, Paignton TQ4 6LF

Tel: 01803 842746

THE FOOT LADY

Podiatry / Chiropody Home Visiting Service

Nicola Foulkes

D.Pod.M., M.S.Ch., S.R.Ch.
Health Professions Council Registered

Telephone: 01803 883987

11 Quentin Avenue, Brixham, Devon TQ5 0AG

Before going into private practice in **February** last year, I spent **22** years working as a **Podiatrist** for the **NHS** in Torbay. The last **10** years of which were spent specialising in domiciliary care, visiting patients in their own homes, and in Residential and Nursing care.

As a fully qualified and highly experienced **Podiatrist**, I provide services such as corn and callous removal and diabetic foot screening.

Also, working in association with **AGE CONCERN (TORBAY)**, I am very pleased to be able to offer a low-cost, nail-cutting service to the elderly.

holistics@home

Jacquie Bayley

Mobile holistic therapies in your own home:

- Reflexology
- Aromatherapy
- Swedish Massage
- Indian Head Massage
- Hot Stone Therapy
- Hopi Ear Candles
- Holistic Facials

Tel: 07779 552885 or 01803 844066

Galmpton based, fully qualified holistic therapist offering mobile holistic treatments.

Jacquie Bayley

Member of the International Council of Holistic Therapists and the Federation of Holistic Therapists

Gift Vouchers available for Christmas

For more details please ring 01803 844066 or 07779 552885

I now have a Therapy Room at my home in Galmpton. So, if you prefer, you can come to me for your therapy.

SPECIAL OFFER: £5.00 discount on first treatment with this advert

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Three Corners A nursing home for the 21st century





Nursing care for the 21st Century

Proprietor: Nick Meyer

Telephone: 01803 842 349

www.threecornersch.co.uk

Three Corners: development complete

Three Corners Nursing Home is a high quality nursing and residential home at Churston Ferrers, near Brixham. Earlier this year a development programme was completed to bring about a state of the art home with all the latest facilities. This programme included the building of two new wings, a new dining and lounge space, the refurbishment of all existing rooms, new gardens and an update to the exterior of the building.

Since the launch many local residents have been attracted to the home and the feedback has been exceptional with many compliments about the quality of the accommodation and the outstanding levels of attention delivered by the care team. One new addition is an *activities co-ordinator* who works with residents on a daily basis to find constructive activities in which each person can participate.

Nick Meyer, director said: "We aim to maintain the very best nursing and care staff to give residents an outstanding quality of care. By understanding the specific needs of residents and their families, they can be confident that **Three Corners** gives them the best possible residential and nursing care within our community."

Nearly all bedrooms are en-suite, and bright summer colours are used throughout with high quality furnishings.

Nick Meyer said: "We have **55** fully trained staff and are fully equipped for **46** residents. All of our staff live locally, there is a strong sense of community and a burning desire to be the best in the area."

Please visit www.threecornersch.co.uk for further information or ring us on **01803 842349** and we will be delighted to show you around.



TRADITIONAL CHINESE ACUPUNCTURE MARGARET DELBRIDGE

MA (Cantab.) B.Sc. Lic Ac Member of the British Acupuncture Council

Tel: 01803 842 411

I would like to continue the theme of "Questions I am most frequently asked", begun in previous issues of *The Gazette*.

WHAT IS THE POINT OF ACUPUNCTURE?

According to Chinese Philosophy, our health is dependent on the body's motivating energy moving in a smooth and balanced way through a series of channels beneath the skin. This energy is known as "qi".

HOW DOES MY HEALTH GET AFFECTED?

The flow of "qi" can be disturbed by any number of factors. These include emotional states such as anxiety, anger, grief, or stress, as well as poor nutrition, hereditary factors, infections, and trauma.

When the "qi" is unbalanced, illness may result.

WHAT DOES THE TREATMENT AIM TO DO?

The acupuncturist inserts ultra-fine needles at chosen points along the channels of energy. The aim is to stimulate the body's own healing response and restore its natural balance. Treatment is aimed at the root of your condition, as well as your symptoms. This approach can lead to a more permanent resolution of your problem.

The point of acupuncture is that it works to maintain the body's equilibrium by focusing on *all* aspects of well being, physical, mental, and emotional.

If you would like to know more about acupuncture and how it could help you, please don't hesitate to phone me.

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The Bowen Technique

This is a complementary therapy that has been shown to help not only muscular and skeletal problems such as back, neck and shoulder pain, frozen shoulders and sports injuries, but can also help health problems such as asthma, IBS, hay fever and migraines.

It is a very gentle hands-on therapy suitable for adults and children, including babies and the elderly.

For a free leaflet and more information about this treatment please contact:

Sue Creaton cert ECBS MBTER. Bowen Practitioner

Phone 01803 843858

I am a registered Homeopath, qualified in 1999.

I moved to Broadsands from Paignton town centre in 2004.

I work from home and also offer home visits.

Please visit my website www.HomeopathyDevon.co.uk

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My name is **Jeanette Dempsey**, and I am a qualified sugaring practitioner working from my home in **Galmpton**.

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Reef Landscapes are currently offering a five per cent discount to readers of The GAZETTE.

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Jackson's Landscape Design

Proprietor: Kerry Jackson Telephone: 01626 332533

www.JacksonsLandscapeDesign.com Sustainable Urban Drainage Systems ~ SUDS

It is now law that surface water run-off from gardens is controlled so that flooding is avoided.

Home-owners and landscaping companies have a duty of care and a legal obligation to discharge surface water, that cannot naturally find its way into the sub-soil, into a proper drainage channel. On the Internet you will find many explanations of **SUDS**.

In **2008**, the government passed a law that prevents home-owners from paving over front gardens without making adequate provision for the run-off from the surface water.

Jackson's Landscape Design is certified to advise on and carry out installations where the observation of the **SUDS** law is a requirement.

What is SUDS?

It is an approach to managing rainfall in development that replicates natural drainage. It aims to:

- Prevent pollution
- Control flooding
- Recharge groundwater
- Enhance the environment

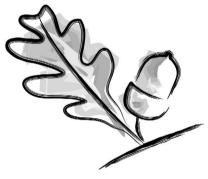
Run-off is collected and stored to allow natural cleaning to occur prior to infiltration or controlled release to watercourses. **SUDS** techniques allow natural drainage to function in the landscape surrounding development. There are four general design options:

- Filter strips and swales
- Filter drains and permeable surfaces
- Infiltration devices
- Basins and ponds

It is important to understand how these techniques work together to provide the aims of **SUDS** in the most practical, cost-effective, and beneficial way. Feel free to contact me for any advice regarding the installation of your **SUDS** driveway, patio, garden and all aspects of landscaping.

Enjoy your time through out the winter months in your gardens.





Philip Makepeace NCH (Arb) Stoke Gabriel 01803 782249 Mobile 07778 873012 acorntreecare@hotmail.com www.acorntreecare.co.uk

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Jay Jay Designs

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Please visit our new website: www.reachandwashonline.com

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